Shawniel Chamanlal, LCSW Licensed Therapist | Speaker | Business Coach

Shawniel Chamanlal is not just an award-winning licensed therapist and business coach; she is the visionary force behind Healing Springs Wellness Center, a trailblazing holistic counseling and wellness center. Her academic journey, rooted in a Bachelor's in Psychology from Southern Connecticut State University and a Master's in Clinical Social Work from Fordham University, has equipped her with over 15 years of clinical expertise.

A recognized pioneer in her field, Shawniel's exceptional contributions have been honored with prestigious awards such as the Black People's Honors Award, Ultimate Group Practice Award, and the Health Care & Life Sciences Award, celebrating her leadership in promoting wellness and well-being.

Her thought leadership is widely recognized, with features in top-tier publications like Yahoo, News 8, and Connecticut Business Herald and appearances on influential platforms, including "Checking In" with Destiny's Child's Michelle Williams. She has also spoken for academic audiences at esteemed institutions like Yale and Albertus Magnus, showcasing her broad appeal and impact.

Book Shawniel to Speak

SERVICE PORTFOLIO

- **Customized Corporate Seminars**
- **Interactive Team-building Workshops**
- **Motivational Keynote Speaking**
- **Comprehensive Corporate Wellness**
- **Leadership Consulting**

SIGNATURE TOPICS

- **Foster A Culture of Inclusion: Innovative Strategies for Racial Equity and Inclusion**
- **Breaking the Silence: Conversations on Mental Health and Race Based Stressors**
- **Navigating From Exhaustion to Empowerment: Strategies to Reduce Burnout**
- **A Holistic Approach to Emotional Wellness**
- **Creating Your Abundant Life and Unapologetically Dreaming Big in Life and Business**

RECENT SPEAKING ENGAGEMENTS

- **Yale University Ciencia Initiative**
- **The Social Work Wealth Conference**
- **Manifest Your Unbreakable Life and Business Intensive**
- **The Abundance Business BluePrint Intensive**
- **Wellness Creators: Manifest Your Dream Wellness Center**
- **Albertus Magnus College: Women's History Month Business Panel**
- **Racial Equity Summit: Fostering A Culture of Inclusion**

BOOK SHAWNIEL TO SPEAK

- Together we can create a package that works best. Customized collaboration options are available; I'm open to a creative discussion to further my services for your brand!

Connect with me!

shawnielchamanlal.com/keynote-speaker

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Shawniel Chamanlal, LCSW

Shawniel Chamanlal, a renowned Licensed Clinical Social Worker and the dynamic CEO of Healing Springs Wellness Center, crafts workshops that serve as a catalyst for personal and professional transformation.

As Seen On:

KTLA 5 LA'S VERY OWN · AP · CONNECTICUT BUSINESS HERALD · NEWS 8 wtnh.com

★★★★★

"Shawniel's unwavering dedication to fostering holistic well-being and empowerment makes her workshops and speaking engagements a transformative experience."

Signature Training: Navigating from Exhaustion to Empowerment!

Shawniel's workshop addresses burnout, with strategic insights to enhance well-being, amplify job performance, and cultivate a growth-centric leadership mindset.

This pivotal session is your stepping stone to adopting proactive and preventative methodologies against burnout, ensuring both personal and organizational triumphs.

Key Learning Points:

- **Identifying and mitigating burnout**
- **Strategic prevention of burnout**
- **Fostering mental health**
- **Developing leadership skills**
- **Strengthening team dynamics**
- **Boosting productivity**